

Leading with Presence and Impact

- ▶ Take command of a room and grab attention
- ▶ Read the room, adjust to changing dynamics, be an adaptive leader and truly connect with others

Four Workshops:

I Physical Presence – Project with Energy

Posture, movement and projection
Fill the space with your presence and energy
Draw people's attention
Circles of Concentration

II Truly Connect

Being in the present
Deep listening
Read the dynamics in the room
Make a true connection with the other
Mirroring

III From Reaction to Creation

Being a 'Yes, and...'
Adaptive leadership
Improvisation
Spontaneity and freedom

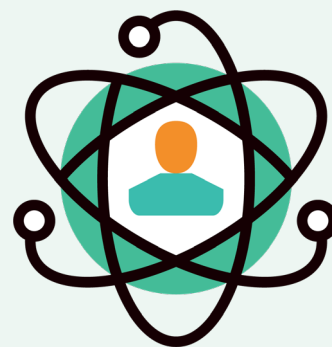
IV Expressive Leadership

Putting it all together
Expression and transparency
Tricks to being more charismatic
Body language, voice and presence

Places are limited

To register

Email philippa@catapult.co.nz



Programme Leaders:

Maaïke Christie-Beekman a voice, presentation and performance coach. Maaïke was a professional opera singer, holds qualifications in psychodrama, has lectured in communications and works with leaders, managers, board chairs, to teachers and public speakers (e.g. Commerce Commission, Ministry of Foreign Affairs and Trade, and Trade Me).

Andrea Thompson, Catapult Director. Andrea has facilitated programmes with over 20,000 people internationally.

Cost: \$890 ex GST earlybird (until 1 March) and \$990 ex GST
Follow-on coaching option with Maaïke: three hours \$900

Venue: St Andrew's on the Terrace, Wellington CBD

Timing: 9:00am–11:00am Sessions I–III
9:00am–11:30am Session IV

Dates: 11 & 18 May, 1 & 22 June 2018

Catapult

Leadership Performance

www.catapult.co.nz