

# LEADERLAB

Leveraging the wisdom of a group to generate profound development

## What is LeaderLab Group Coaching?

A LeaderLab is a circle of 8–10 leaders committed to unleashing leadership in themselves and each other. The circle meets monthly in two-hour forums facilitated by a Catapult Master Leadership Coach.

## Who is LeaderLab for?

LeaderLab is exclusively for graduates of Catapult leadership programmes. This ensures that everyone shares leadership language and frameworks.

## Why Group Coaching?

Benefits of group coaching include:

1. **Collective Wisdom:** you learn from the insights and contributions of peers as well as from your own contributions.
2. **Collaboration:** group coaching is a testing ground for real-world collaboration.
3. **Coaching Skills:** you learn from practising coaching skills as well as from observing others' coaching.
4. **Guided Process:** LeaderLab is facilitated by a Catapult Master Leadership Coach using clear processes ensuring conversations stay on point and that no one person or topic dominates.
5. **Increased Motivation:** from coaching and group support.
6. **Enhanced Creativity:** from brainstorming solutions and learning from others' experiences.
7. **Lower Cost:** group coaching is offered at a lower cost than individual coaching.



**Investment:** \$900 for six months

**Group facilitator:** A Catapult Master Leadership Coach

**Please contact us if you would like to be part of a LeaderLab.**

**Enquiries:** [andrea@catapult.co.nz](mailto:andrea@catapult.co.nz)

*“LeaderLabs provide me with great insight to who I am as a leader. They are a safe place where I am able to practise my coaching skills and techniques and where my colleagues challenge my perception and my approach which I feel is essential to keeping me on track of being a better leader and manager.”*

– Kerry Whitcombe, ARPHS